# NATIONAL OSTEOPOROSIS SOCIETY REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2014

Company Number: 4995013 England Charity Number: 1102712 Scotland Charity Number: SC039755

#### TRUSTEES' REPORT

#### FOR THE YEAR ENDED 31 DECEMBER 2014

#### REFERENCE AND ADMINISTRATIVE DETAILS

HRH The Duchess of Cornwall President:

Patrons: Sean Bean Nerys Hughes The Lady Hylton Mary Berry CBE Deborah Bull CBE Ross Kemp Wendy Craig Maggie Philbin Craig Revel Horwood Peter Cruddas

Dr Miriam Stoppard Lynn Faulds Wood Lizzie Webb Trudie Goodwin

retired 16th July 2014

resigned 31st August 2014

appointed 6th January 2015

Barbara Windsor MBE Susan Hampshire OBE

**Honorary Officers** 

Catherine Tompkins Chairman:

Vice Chairman: Mary Regnier-Leigh

retired as treasurer 16th July Philip Newborough Treasurer:

2014 but remains Trustee appointed 16th July 2014 Jeremy Stern

retired 16th July 2014 Janine Chandler Trustees:

Baroness Carlyn Chisholm

Professor Juliette Compston OBE

Dr Louise Dolan

Professor Roger Francis

Leesa Harwood **Brian Livingston** 

Professor Terence O'Neill

Carole Walker

appointed 1st December 2014

**Management Team** 

Claire Severgnini Chief Executive: Rose Barker **Finance Director:** 

Susan Coffey Nina Copping Strategic Development Director: **Human Resources Director:** Helen Kingman Juliette Morgan Communications Director: Fizz Thompson Clinical & Operations Director:

Claire Wynne-Hughes Fundraising Director (Interim):

Camerton Registered office: Bath

BA2 0PJ

haysmacintyre Auditors: 26 Red Lion Square

> London WC1R 4AG

# TRUSTEES' REPORT (continued)

#### FOR THE YEAR ENDED 31 DECEMBER 2014

# REFERENCE AND ADMINISTRATIVE DETAILS (continued)

Bankers: National Westminster Bank plc

3 High Street Midsomer Norton

Bath BA3 2ZY

Santander UK plc 2 Triton Square Regent's Place London NW1 3AN

Virgin Money Jubilee House Gosforth

Newcastle Upon Tyne

NE3 4PL

Lloyds Banking Group Faryners House 25 Monument Street

London EC3R 8BQ

Investment Advisors: HSBC Global Asset Management (UK) Limited

78 St James's Street London SW1A 1 HL

Solicitors: DAC Beachcroft LLP

Portwall Place Portwall Lane Bristol

BS99 7UD

Company number: 4995013

Charity number England: 1102712

Charity number Scotland: SC039755

#### TRUSTEES' REPORT (continued)

#### FOR THE YEAR ENDED 31 DECEMBER 2014

The Trustees present their report and the audited financial statements for the National Osteoporosis Society for the year ended 31 December 2014.

The financial statements have been prepared in accordance with the requirements of the Companies Act 2006, the applicable Accounting Standards in the United Kingdom and the requirements of the Statement of Recommended Practice ('SORP 2005') 'Accounting and Reporting by Charities' and the Charities Act 2011.

#### Structure, Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 15 December 2003 and registered as a charity on 18 March 2004. On 31 July 2008, the charity registered with the Scottish Charity Register to further the development of its activities in Scotland. The organisation was established under a memorandum of association which established the objects and powers of the organisation and is governed under its articles of association. The charity is governed by a Board of Trustees. Those in office during the year, and at the date of signing these financial statements are set out on page 1.

Following a period of engagement with Members, a Special Resolution was passed at the 2014 Annual General Meeting which proposed the removal of company law responsibility from our standard and professional membership. The Special resolution was passed.

The main Board has five committees that enable the effective delivery of organisational objectives and strategic advice to the Board. The five committees meet up to four times per year and are listed below:

- Clinical & Scientific Committee
- Members & Volunteers Committee
- Finance, General Purposes & Audit Committee
- Appointments & Governance Committee
- Remuneration Committee

The leadership and delivery of the organisation's objectives is undertaken by a senior management team based at the charity's registered office in Camerton, near Bath.

#### Trustee recruitment, appointment, induction and training

It is important to The National Osteoporosis Society that it has in place clear and transparent governance. In response to the Charity Commission guidance 'Hallmarks of an Effective Charity', the Trustees undertook a review of its governance arrangements and produced a governance handbook which ensures a best practice approach to governance, including how it recruits and selects trustees.

The Appointments & Governance Committee has established a process of Trustee succession planning and is responsible for the recruitment, appointment and induction of new Trustees, and meets regularly throughout the year.

Training of Trustees is addressed by offering external courses throughout the year. Records of training attended are maintained by the Human Resources Director.

All Trustees gave their time voluntarily and they received no benefit from the charity. Any expenses reclaimed from the charity are set out in note 10 to the accounts.

#### **Risk Management**

The Trustees have a risk management strategy that is comprised of a review of the risks the charity may face; the establishment of systems and procedures to mitigate those risks identified in the plan; and the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise. Through the risk management process established for the charity, the Trustees are satisfied that reasonable steps are being taken to mitigate exposure to the identified major risks. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

#### **TRUSTEES' REPORT (continued)**

#### FOR THE YEAR ENDED 31 DECEMBER 2014

#### **Investment Policy**

HSBC Global Asset Management (UK) Ltd were appointed as the charity's investment advisers on 9 December 2009. HSBC Global Asset Management (UK) Ltd manages the long-term investments on behalf of the Trustees.

The investment policy involves balancing return from income and capital and a medium level of risk.

The society holds cash on short to medium term deposits to allow working flexibility whilst ensuring adequate levels of interest are earned. At year end, short term deposits were £Nil (2013: £400k) which was due to timing and new short term investments will be made in 2015.

#### **Grant Making Policy**

It is the policy of the National Osteoporosis Society to fund research that is in line with the charity's mission statement and which follows the recommendations of the Charity Commission and the Association of Medical Research Charities (AMRC) of which the National Osteoporosis Society is a member. Our Research Grants Committee (RGC) reports to the Trustees on matters regarding the award and monitoring of grants through the Clinical and Scientific Committee. The availability of funding is advertised through our regular publications and website.

#### **Objectives and Activities**

The Trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives. The Memorandum of Association states that the principal objects for which the company is established are:

- To relieve sickness and to promote and advance medical knowledge, with particular reference to all aspects of osteoporosis and all similar and related conditions;
- To undertake research in relation thereto, and to publish the useful results of such research.

# **Public Benefit Statement**

The Trustees confirm that they have complied with the duty under section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

#### Strategic Framework

The charity launched its latest strategic plan in 2013 which set out the vision, mission, values and goals for the five years from 2013 to 2017.

#### Vision

Our vision is a future without fragility fractures.

# Mission

Working together for a brighter future for people with or at risk of osteoporosis and fragility
fractures across the UK, putting an end to preventable broken bones and helping people to live
without pain and disability.

#### **Values**

• We are caring, innovative, excellent, influential, ethical and passionate in all that we do.

In 2014 the charity progressed its strategy by building on the goals as described in the strategic plan and translating them into two key aims, as follows:

Aim 1: Every person aged over 50 who breaks a bone is assessed for osteoporosis and managed appropriately.

Aim 2: People with osteoporosis are empowered to make choices and manage their condition in ways that best meet their own needs.

#### TRUSTEES' REPORT (continued)

#### FOR THE YEAR ENDED 31 DECEMBER 2014

A pathway was developed for each aim that described the activities that were needed to achieve the aim and the organisational enablers that were critical for success. The aims and pathways were used to direct and shape the charity's business planning for 2015. Work also started to review the charity's measurement and reporting, to ensure the required evidence is in place to help the charity make continual improvements to its impact for people with osteoporosis. A summary of the achievements in 2014 is set out below.

# Aim 1: Every person aged over 50 who breaks a bone is assessed for osteoporosis and managed appropriately.

We know that many people who break a bone are treated in hospital and are then discharged without an assessment for osteoporosis. As the risk of a further fracture tends to be high in people who have already sustained one fracture, it is important that these people are identified, assessed and then managed appropriately. There is a lack of both public and professional awareness of osteoporosis and the importance of preventing such secondary fractures. There is strong evidence that a Fracture Liaison Service, that systematically identifies those at risk, is cost-saving, yet the latest Royal College of Physicians audit (2010) showed that only 42% of health care organisations in the UK had some form of service.

The charity has determined that the following areas of activity are required to achieve Aim 1 and 2014 highlights are below:

#### Raising awareness and influencing provision of Fracture Liaison Services (FLSs)

- A Service Delivery Team was appointed to support the implementation of new services in the NHS and to improve the quality of existing services.
- The charity continued to lead the Falls and Fractures Alliance in England and provide the secretariat
  function for the Executive Board. Events included a joint workshop with Public Health England in
  December to mark the launch of PHE's Falls and Fragility Fractures Programme of which FLS is an
  integral part.
- With the Secretariat role for the All Party Parliamentary Osteoporosis Group (APPOG), meetings were held at Westminster focusing on Fracture Liaison Service (FLS) service provision. Briefings on FLS work were given at meetings of the All-Wales Osteoporosis Advisory Group (WOAG) and the newly formed Northern Ireland Osteoporosis Consensus Group (NIOCG). In Scotland, through membership of the Cross Party Groups for Musculoskeletal (MSK) Conditions and Chronic Pain in the Scottish Parliament, we continued to brief and inform Scottish parliamentarians on FLS throughout the year.
- The launch of the FLS service pilot, developed with support of ICAP funding, at Portsmouth Hospitals NHS Trust in April 2014. Continued monitoring of the project and annual evaluation is planned.
- Roll out of the 'Stop at One' campaign, launched in October 2013, aimed at raising awareness and enabling women aged 50-70 to get a bone check. By the end of 2014 nearly 30,000 unique visitors have visited the campaign microsite, of which over 9,000 people have completed the online Bone Health Quiz to assess their risk of fracture and to learn about steps they can take to improve their bone health.
- Led the national FLS Implementation Group to coordinate and develop a UK-wide work programme.

#### Supporting service commissioners

Developed a commissioning toolkit in conjunction with NHS England, to be rolled out in 2015.

#### Providing education for healthcare practitioners in Fracture Liaison Services

- Developed an education programme for practitioners working in FLS services and circulated it for testing, prior to a planned launch in Spring 2015.
- The National Training Scheme for Bone Densitometry certified an additional 35 practitioners in 2014, bringing the total since the Scheme's inception to 420 who now have demonstrated their competency in this area.

#### TRUSTEES' REPORT (continued)

#### FOR THE YEAR ENDED 31 DECEMBER 2014

#### Developing standards and peer review to enable high-quality Fracture Liaison Services to be delivered

- Developed draft standards for FLSs, Effective Secondary Prevention of Fragility Fractures: Clinical Standards for Fracture Liaison Services, which were circulated for consultation in December 2014. The final version will be launched in 2015.
- Incepted a peer review programme with two site visits undertaken by a nationwide multi-professional group, with the aim of improving service quality through peer feedback.

# Aim 2: People with osteoporosis are empowered to make choices and manage their condition in ways that best meet their own needs.

We know that people with osteoporosis need information and support to help them manage their condition. We also know that there is considerable variation in the treatment and care people receive from health professionals, with many people reporting unsatisfactory experiences. Therefore the charity's strategy to achieve Aim 2 has two strands: to continue to provide services directly to people with the condition but also to build awareness and understanding among health professionals so that people receive better advice and support from their doctor. We report the following highlights in 2014:

#### The charity's information and support for people with osteoporosis

- We had a substantial increase in website visitors, with a third more unique visitors in 2014 compared with 2013 (429,239 compared with 321,834 respectively). Many people visit the website for osteoporosis information and in 2014 we launched a re-skinned website with simpler layout and design to improve user experience and to allow access using tablets and smartphones.
- In line with the increase in accessibility of our information online we actively managed a slight decrease in the number of printed leaflets distributed, down by 5% (397,971 in 2014 compared with 420,197 in 2013), partly through changing the format of the comprehensive leaflet *Drug treatments for osteoporosis* into a single top line leaflet with an accompanying factsheet for each drug, in response to feedback from health professionals. Other key developmental work undertaken in the year was a review of the flagship booklet *All about Osteoporosis*, due for re-launch in mid-2015, together translating the leaflet *Introduction to Osteoporosis* into seven other languages, available online, to help ensure our information is widely accessible.
- We saw a slight reduction in the total number of nurse led helpline service responses, which dropped from a total of 12,647 in 2013 to 12,016 in 2014. We know that the nature of enquiries, along with those to similar helplines, has grown more complex in recent years and our nurses now spend an average of 12 minutes (up from 11 minutes in 2013) talking to each enquirer who contacts them by telephone. Indeed the total 'talk time' of 2,258 hours in 2014 was slightly higher than 2013 despite fewer calls being taken. In 2014 we commenced a detailed analysis and review of the service to ensure it best meet the needs of people with osteoporosis into the future.
- In local communities across the UK our regional volunteers and employees delivered over 230 separate meetings and events on osteoporosis for people with the condition, attracting over 6,000 attendees, of which nearly 3,500 attended local annual osteoporosis update events with health professional speakers. Many of the meetings were run by the charity's 72 support groups. Over 1,400 people also attended 'newly diagnosed sessions' run through local health clinics with the support of the charity, intended to help people through the time of a new diagnosis of osteoporosis and opportunities for further developing this type of education will be explored in 2015.

# Raising awareness and understanding among health professionals to improve advice and support for people with osteoporosis

- The charity contributed to the development of the following clinical guidance in 2014:
  - o NICE Technology Appraisal (160/161) on drug treatments for osteoporosis

#### TRUSTEES' REPORT (continued)

#### FOR THE YEAR ENDED 31 DECEMBER 2014

- NICE Public Health Intervention Guidance on Implementing Vitamin D guidance
- Scottish Intercollegiate Guideline Network (SIGN) guideline on osteoporosis publication has been delayed to 2015
- National Osteoporosis Guideline group (NOGG) update on guidance for diagnosis and management of osteoporosis in postmenopausal women and older men in the UK
- The charity published its own guidance on paediatric Vitamin D in 2014: Vitamin D and Bone Health: a
  practical clinical guideline for management in children and young people. This complemented the
  Vitamin D and Bone Health clinical guideline that the charity published in 2013.
- The three-day Osteoporosis Conference was held at the Birmingham International Convention Centre, attended by 599 fee-paying delegates plus staff and speakers. The Conference was the cornerstone of the charity's 2014 education programme for health professionals.
- The Osteoporosis Resources for Primary Care online site, now in its third year, received 12,907 unique visitors.
- Osteoporosis Review was published three times in 2014, both online and in hard copy (circulated to over 900 health professionals).
- The UK Allied Health Professional (AHP) Network continued to grow, with 538 members by the end of the year compared with 455 members at the end of 2013. AHPs were supported by a series of regional meetings and a bespoke online community site to encourage sharing of best practice, education and peer support.
- Eleven regional study days were delivered by the regional team and volunteers which were attended by over 740 health professionals, including GPs.

#### Research

The charity funds research in the field of osteoporosis through running a research grants programme. In 2014 we:

- Received 41 research applications in response to the open call for research in response to our open call for research, with a total request for £3.1m funding. After assessment by the Research Grants Committee and a number of independent expert peer reviewers against criteria for scientific quality and relevance, the Board approved funding for 2 new research projects:
  - Professor R. Eastell (Sheffield) 'Clinical evaluation of a free vitamin D assay for the study of vitamin D status in those with or at risk of osteoporosis'
  - Dr C. Gregson (Bristol) 'The impact of geographic and socioeconomic variation on the incidence of hip fractures and upon death, recovery and readmission after hip fracture'
- Continued to monitor and fund 16 ongoing research projects, being undertaken across the UK.
- Launched an electronic application process and commenced an evaluation of our research portfolio to inform a review of the research strategy planned for 2015/6.

In 2014 we also commissioned the research project Life with Osteoporosis:

• Funded and undertook the Life with Osteoporosis research project with the purpose of asking people with osteoporosis about the impact of the condition on their lives. It was undertaken by the National Osteoporosis Society with Alterline Research. The research involved a quantitative element, delivered through a survey which attracted 3,228 respondents, and a qualitative element, delivered through face to face interviews with 27 people with osteoporosis and 25 people who kept a personal diary for a week. The charity received a full research report and also published a summary report and short film for public use. The report and film were launched to supporters in October at the charity's Annual Lecture, to parliamentarians and policy-makers in the House of Commons in November and to health professionals and academics at the Osteoporosis Conference in December.

#### TRUSTEES' REPORT (continued)

#### FOR THE YEAR ENDED 31 DECEMBER 2014

#### An effective organisation

Throughout 2014 we continued to grow and develop our employees, advisors, volunteers and supporters across the UK to make the biggest difference we could for people affected by osteoporosis. As a charity dependent on voluntary donations to fund all our work, it is vital that our fundraising is as effective as possible. We grew our fundraising return on investment, generating a total of £4.46 for every £1 spent on fundraising in 2014, compared with £4.32 in 2013. We have focused on developing a sustainable and balanced portfolio of fundraising activities along with growing and inspiring our supporter base.

Some examples during the year were:

- Being nominated as the benefitting charity for the prestigious LAPADA arts and antiques fair and receiving media coverage following the event, helping to publicise our cause.
- Organising an event at St Paul's Cathedral to highlight the importance of legacies to the charity.
- Partnering with diabetes charity JDRF to organise a Downton Abbey-themed evening at Highclere Castle, hosted by Lord Fellowes and attended by members of the cast.
- Engaging with local supporters and dignitaries at our Annual SING! Concert in the magnificent Bath Abbey.
- Applying to charitable Trusts & Foundations to support our work.
- Developing our relationships with corporate partners through the Bone Health Partnership, on-pack promotion and sponsorship opportunities.
- Supporting fundraisers raising money for the charity by participating in active events including the Virgin London Marathon and Ride London cycling challenge.

#### **Reserves Policy**

In determining a prudent level of free reserves the Board takes into account that the total budgeted annual unrestricted expenditure is now in the region of £3.4m and the inevitable uncertainties that exist as a consequence of the Society's dependence upon voluntary giving and upon legacy income in particular. The policy is that free reserves should normally be between six and twelve months unrestricted operating expenditure, which is equivalent to between £1.7m and £3.4m. The actual free reserves at 31 December 2014 were £2.3m, which is equivalent to 8.1 months budgeted unrestricted expenditure for 2015.

#### TRUSTEES' REPORT (continued)

#### FOR THE YEAR ENDED 31 DECEMBER 2014

#### Statement of responsibilities of the Trustees

The Trustees are responsible for preparing the annual report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice

(United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and group, and of the result of the charitable company and group for that year.

In preparing these financial statements, the Trustees are required to:

- · select suitable accounting policies and then apply them consistently;
- · observe the principles in the Charities SORP;
- · make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity and subsidiary's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and subsidiary and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as each of the Trustees is aware at the time the report is approved:

- there is no relevant audit information of which the group's auditors are unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

#### **Auditors**

A resolution to reappoint haysmacintyre as auditors to the company will be proposed at the annual general meeting.

Signed for and on behalf of the Trustees on 12 June 2015

Catherine Tompkins

Chair of Trustees

#### INDEPENDENT AUDITOR'S REPORT TO TRUSTEES OF

#### NATIONAL OSTEOPOROSIS SOCIETY

We have audited the financial statements of National Osteoporosis Society for the year ended 31 December 2014 which comprise the Consolidated Statement of Financial Activities including the Income and Expenditure Account, the Group and Charity Balance Sheet, the Consolidated Cash Flow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinion we have formed.

#### Respective responsibilities of trustees and auditor

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed auditors under Section 44(1)(c) of the Charities and Trustees Investment (Scotland) Act 2005 and under the Companies Act 2006 and report to you in accordance with those Acts.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

#### Scope of the audit of the financial statements

A description of the scope of an audit of financial statements is provided on the Financial Reporting Council's website at www.frc.org.uk/auditscopeukprivate.

# Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the group's and charitable company's affairs as at 31 December 2014 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
   and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustees Investment (Scotland) Act 2005 and Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

# Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

# Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- the charitable company and group have not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the consolidated financial statements are not in agreement with the accounting records and returns; or
- · certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption in preparing the Trustees' Annual Report incorporating the Strategic Report.

Murtaza Jessa, Senior Statutory Auditor

for and on behalf of haysmacintyre

**Statutory Auditor** 

26 Red Lion Square London WC1R 4AG

12 June 2015

# **CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES** (Incorporating an income and expenditure account)

# FOR THE YEAR ENDED 31 DECEMBER 2014

Note	Restricted £	Unrestricted £	Total 2014 £	Total 2013 £
_				
				2,221,324
	3,412			850,254 137,654
4	-	96,051	96,051	90,269
5		356,300	356,300	69,970
	517,270	4,404,364	4,921,634	3,369,471
	-			
	7 0/1	063 184	071 125	710,348
	7,041	303, 104	371,120	1 10,040
	61,097	1.167.659	1,228,756	1,330,284
	,	, ,	, ,	, ,
6	<u>-</u>	-	<del>-</del>	(251,381
	•			498,396
7				710,284 324,733
,	139,200	41,922	41,922	44,122
8	520,251	3,525,666	4,045,917	3,366,786
9	(2,980)	878,698	875,717	2,685
12	_	(1,027)	(1,027)	39,800
12		68,971	68,971	142,993
	(2,980)	946,642	943,661	185,478
	303,181	4,696,651	4,999,832	4,814,354
	000,101	.,,	,,,,,,,,,,	.,
	2 3 4 5 6 7 8 9 12	Note     £       2     513,858       3     3,412       4     -       5     -       517,270     -       7,941     61,097       6     6,244       305,684     139,285       -     -       8     520,251       9     (2,980)       12     -       12     -       (2,980)	Note       £       £         2       513,858       2,453,185         3       3,412       1,370,198         4       -       128,630         -       96,051         5       -       356,300         517,270       4,404,364         7,941       963,184         61,097       1,167,659         6       -       -         305,684       859,516         7       139,285       6,318         -       41,922         8       520,251       3,525,666         9       (2,980)       878,698         12       -       (1,027)         12       -       68,971         (2,980)       946,642	Note         Restricted £         Unrestricted £         2014 £           2         513,858         2,453,185         2,967,043           3         3,412         1,370,198         1,373,610           4         -         128,630         128,630           -         96,051         96,051           5         -         356,300         356,300           517,270         4,404,364         4,921,634           7,941         963,184         971,125           6         -         -         -           6,244         487,067         493,311           305,684         859,516         1,165,200           7         139,285         6,318         145,603           -         41,922         41,922           8         520,251         3,525,666         4,045,917           9         (2,980)         878,698         875,717           12         -         (1,027)         (1,027)           12         -         (3,971)         68,971           (2,980)         946,642         943,661

There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 17 to the financial statements. The notes on pages 14 to 27 form part of these financial statements.

# **CONSOLIDATED BALANCE SHEETS**

#### AS AT 31 DECEMBER 2014

FIXED ASSETS		Group 2014	Charity 2014	Group 2013	Charity 2013
Fixed Assets	11	1,984,965	1,984,965	1,984,028	1,984,028
Investments	12	2,565,199	2,565,199	2,514,428	2,514,429
	-	4,550,164	4,550,164	4,498,456	4,498,457
CURRENT ASSETS	5				
Debtors	14	240,990	384,197	229,355	241,255
Short term deposits		2	<b>a</b>	400,000	400,000
Bank	15	2,283,355	2,090,679	823,389	744,986
	-	2,524,345	2,474,876	1,452,744	1,386,241
CURRENT LIABILITIES					
Creditors	16	(1,131,016)	(1,081,547)	(951,368)	(884,866)
NET CURRENT ASSETS	-	1,393,329	1,393,329	501,376	501,375
NET ASSETS	18	5,943,493	5,943,493	4,999,832	4,999,832
		_		<b>-</b> :	
FUNDS					
Restricted funds Unrestricted funds		300,200	300,200	303,181	303,181
- Designated		3,283,050	3,283,050	1,970,527	1,970,527
- General		2,360,243	2,360,243	2,726,124	2,726,124
TOTAL FUNDS	_	5,943,493	5,943,493	4,999,832	4,999,832

The notes on pages 14 to 27 form part of these financial statements.

The financial statements were approved and authorised for issue by the Board the Trustees on 12 June 2015 and were signed below on its behalf by:

Catherine Tompkins Chair of Trustees Jeremy Stern Treasurer

Company Number: 4995013

# CONSOLIDATED CASH FLOW STATEMENT

# FOR THE YEAR ENDED 31 DECEMBER 2014

		Notes	2014 £	2013 £
Net c	ash (outflow) from operating activities	a	1,042,688	(210,728)
Intere	rns on Investments and Servicing of Finance est paid est and Dividends received		(43,468) 96,051	(38,702) 90,269
<b>Capit</b> Paym Purch	tal Expenditure nents to acquire fixed assets nase of investments of investments		(52,478) (410,395) 427,568	(820) (1,074,150) 598,473
Move	ement in Short Term Deposits		400,000	386,584
Incre	ase/(Decrease) in Cash		1,459,966	(249,074)
NOTE: a.	S TO THE CASH FLOW STATEMENT RECONCILIATION OF NET INCOMING RESOURC CASH (OUTFLOW) FROM OPERATING ACTIVIT		2014 £	2013 £
	Net incoming resources Depreciation charge (Increase) in debtors (Decrease) in creditors Interest paid Interest and Dividends received		875,717 51,541 (11,635) 179,648 43,468 (96,051) 1,042,688	2,685 60,060 (103,057) (118,849) 38,702 (90,269) (210,728)
b.	ANALYSIS OF CHANGES IN NET FUNDS	1 January 2014 £	Cash Flows £	31 December 2014 £
	Cash at bank and in hand Short term deposits	823,389 400,000	1,459,966 (400,000)	2,283,355 -
		1,223,389	1,059,966	2,283,355
c.	RECONCILIATION OF NET CASH (OUTFLOW) TO MOVEMENT IN NET FUNDS		2014 £	2013 £
	(Decrease) in cash in the year		1,459,966	(249,074)
	Movement in short term deposits in the year		(400,000)	(386,584)
	Opening net funds		1,223,389	1,859,047
	Closing net funds		2,283,355	1,223,389
			<del></del>	

# NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 DECEMBER 2014

#### 1. ACCOUNTING POLICIES

#### a) Basis of Accounting

The financial statements have been prepared under the historical cost convention, as modified by the revaluation of investments and in accordance with applicable accounting standards and the Companies Act 2006. They follow the recommendations in the Statements of Recommended Practice, Accounting and Reporting by Charities (issued in March 2005).

These financial statements consolidate the results of the charitable company including the regional support groups and the National Osteoporosis Society Trading Company Limited on a line by line basis. A separate Statement of Financial Activity is not presented because the charity has taken advantage of the exemptions given in the paragraph 397 of SORP 2005.

# b) Voluntary income

Voluntary income received by way of subscriptions, donations and gifts to the charity is included in full in the statement of financial activities when receivable. Volunteer time is not included in the financial statements.

#### c) Grants

Grants payable are included in the statement of financial activities in the year in which they are committed.

#### d) Income

Income from legacies is accounted for on a receivable basis, and is recognised in full in the financial statements in the period in which entitlement to the legacy is established and where the amount can be reliably ascertained.

Income generated from the supply of goods or services, including conferences, is included in the statement of financial activities in the period in which the supply is made.

#### e) Resources expended

Resources expended are recognised in the period in which the liability is incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function (support costs), is apportioned to each activity using an estimate based on staff numbers. Detail of the support cost allocation is highlighted in note 8.

#### **NOTES TO THE FINANCIAL STATEMENTS (continued)**

#### FOR THE YEAR ENDED 31 DECEMBER 2014

#### 1. ACCOUNTING POLICIES (continued)

#### f) Governance

Governance costs are the costs associated with the governance arrangements of the society. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the society's activities.

#### g) Funds

The costs of generating funds relate to the costs incurred by the group and society in raising funds for the charitable work.

Fundraising and publicity costs represent staff costs, legal costs and associated office and administrative costs in connection with fundraising events and publications aimed at donors and the general public. Costs associated with publications aimed at beneficiaries, which further the objects of the society are included as part of the costs of the activity to which they relate.

#### h) Depreciation

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

Freehold buildings
Office furniture and equipment

2% straight line 25% straight line

No depreciation is provided on land.

Items of equipment are capitalised where the purchase price exceeds £500. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

#### i) Restricted funds

Restricted funds are to be used for specified purposes as laid down by the donor. Expenditure which meets these criteria is allocated to the fund.

#### j) Unrestricted funds

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

#### k) Designated Funds

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

#### I) Rental

Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor, are charged to the statement of financial activities in the year in which they fall due.

#### m) Investments

Investments held as fixed assets are revalued at mid-market value at the balance sheet date. The gain or loss for the period is taken to the statement of financial activities.

#### n) Pension Scheme

The society operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable under the scheme by the charity to the fund. The society has no liability under the scheme other than for the payment of those contributions.

# NOTES TO THE FINANCIAL STATEMENTS (continued)

# FOR THE YEAR ENDED 31 DECEMBER 2014

# NATIONAL OSTEOPOROSIS SOCIETY INCOME For the Year Ended 31st December 2014

2. VOLUNTARY INCOME  Restricted Unrestricted Total 2014 Total 2013 £ £ £ £	61 03
£ £ £	61 03
	03
	03
Donations Received at Head Office 387,858 596,166 984,024 669,06	
Donations Received by Support Groups - 28,383 28,383 35,90	20
Legacies 126,000 1,828,636 1,954,636 1,516,36	
<u>513,858</u>	24
3. ACTIVITIES FOR GENERATING	
FUNDS  Partition   University of Total 2011   Total 2011	2
Restricted Unrestricted Total 2014 Total 2013 £ £ £ £	3
Fundraising Events 3,412 820,190 823,602 299,34	41
Membership Subscriptions and donations 550,008 550,008 550,91	13
3,412 1,370,198 1,373,610 850,25	54_
4. TRADING ACTIVITIES	
Restricted Unrestricted Total 2014 Total 2013	3
£ £ £	
Advertising - 22,130 22,130 24,83	34
Corporate Trading Income - 90,590 90,590 98,70	
Merchandise Sales - 8,110 8,110 6,09	99
Property Income - 7,800 7,800 8,02	
	54
5. EDUCATION & AWARENESS	
Restricted Unrestricted Total 2014 Total 2013	3
£ £ £	
Conference - 355,200 355,200	_
Training - 1,100 1,100 69,97	70
- 356,300 356,300 69,97	

# **NOTES TO THE FINANCIAL STATEMENTS (continued)**

#### FOR THE YEAR ENDED 31 DECEMBER 2014

#### 6. OSTEOPOROSIS SCANNING SERVICE DEVELOPMENT PROGRAMME

	Restricted £	Unrestricted £	Total 2014 £	Total 2013 £
OSSDP funds re-utilised				(251,381)

In 2013, the remaining two OSSDP projects came to an end, releasing some additional unspent grant money totalling £160,013. This amount, together with the £91,368 brought forward from 2013 has been utilised in the year, funding specific areas of work related to developing osteoporosis services, which was in the spirit of the original donation from the Grand Lodge of Mark Master Masons.

7. RESEARCH	2014 £	2013 £
London School of Hygiene and Tropical Medicine	-	79,905
University of the West of England	-	19,698
Oxford University	-	100,000
Ulster University	-	25,000
Birmingham University	<u>-</u>	94,160
Bristol University	79,457	-
Sheffield University	58,087	-
2014 Bursaries	2,612	-
	140,156	318,763
Staff costs of managing grant making from Restricted Funds	13,500	13,500
Direct and allocated expenditure from Restricted Funds	6,515	6,144
Allocated support costs from Unrestricted Funds	6,360	6,421
Research accrual overstated from previous years	(20,928)	(20,095)
	145,603	324,733
	***************************************	

None of the 2014 grants above were made to organisations where Trustees were connected.

The allocated support costs to research in 2014 and 2013 represent costs incurred administering grants awarded in previous accounting periods where the recipient has not yet fulfilled all the requirements for further payments to be made.

The grant making policy is set out in the report of the Trustees.

NATIONAL OSTEOPOROSIS SOCIETY

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 DECEMBER 2014

Contact Resources Expended   Costs of public generating   Costs of public generating   Costs of public generations   Costs of public generations   Costs of public generations   Costs of public general gen		Total 2013	Сij	1,927,561			- (251,381)			11 60,060		72 24,572			32,045	7 3,366,786	1	7 3,366,786
TOTAL RESOURCES EXPENDED			댸	2,047,03	119.22	220,72		903,18	39,60	51,54	19,85	22,07		43 46	222,46	4,045,91		4,045,91
TOTAL RESOURCES EXPENDED           Costs of generating generating         Services to generating senting income income generating should be provision         Information agont services to general general general general general general general spayable         Communications provision         Helpline costs         Research foots           Conference costs         347,767         8,992         319,716         474,454         13,500         119,227           Conference costs         6,902         319,716         474,454         13,500         119,227           Conference costs         7,516         10,675         5,909         8,780         248           Conference costs         7,516         10,675         5,909         8,780         248           Administration costs         7,516         10,675         5,909         8,780         248           Depreciation         Audit and accountancy         11,894         7,691         11,427         222,48           Trustees meetings and excentings and excentings and excentings and excentings and similar charges         8,250         11,717         6,487         9,637         142,063           Support costs         91,323         129,700         71,801         11,64,201         145,003         11,66,003           Support costs         91,1228,756		Governand	) (H	1	1 1	ı	1	1	ı	1	19,850	22,072		1	ı	41,922	ı	41,922
TOTAL RESOURCES EXPENDED Costs of generating generating generating generating generating generating woluntary income income income general general general spatial general		Support costs	લ	308,670	1 1	•	1	71,827	6,473	8,425	ı	1		7 106	2	402,501	(402,501)	1
TOTAL RESOURCES EXPENDED Costs of generating         Services to generating         Services to generations income general genera		Research costs	લ	13,500	119.227			9,036	248	321	1	1		271	- , Î	142,063	3,000	145,603
Costs of generating           Costs of generating           Staff costs (note 10)         voluntary general public           Endraising costs         347,767         8,992           Grants payable         -         -           Conference costs         -         -           Grants re-utilised         83,396         546,179           Administration costs         -         -           Administration costs         83,396         546,179           Other office costs         -         -           Depreciation         -         -           Audit and accountancy         -         -           Trustees' meetings and expenses         -         -           Interest payable and similar charges         -         -           Expenses         -         -           Interest payable and similar charges         -         -           Charges         -         -           Interest payable and similar charges         -         -           Support costs         91,323         1,099,056           Support costs         971,126         1,228,756	Information, HP Training	& Helpline provision	Ü	474,454	1 1	220,724	ŀ	111,040	8,780	11,427	ŀ	ı		9 637	222,461	1,058,524	106,677	1,164,201
TOTAL RESOURCES EXPENDED  Costs of generating generating  voluntary income  E  Staff costs (note 10) 423,091  Fundraising costs Grants payable Conference costs Grants re-utilised 347,767  Grants re-utilised 83,396 Other office costs Other office costs Depreciation 9,782 Audit and accountancy 7,516 Depreciation 9,782 Audit and accountancy 7,516 Depreciation 8,782 Audit and accountancy 7,516 Depreciation 9,782 Other 8,250 Other 9,783		Communications & policy	त्म	319,716	i i	•	ı	81,706	5,909	7,691	i	ŧ		6.487	5	421,509	71,801	493,310
Staff costs (note 10) Fundraising costs Grants payable Conference costs Grants re-utilised Administration costs Other office costs Depreciation Audit and accountancy Trustees' meetings and expenses Interest payable and similar charges Other	Services to	members & general	લ	507,599	0,382	1		546,179	10,675	13,894	ı	ı		11 717	-	1,099,056	129,700	1,228,756
	DED Costs of generating	voluntary income	æ	423,091	, , , , ,	r	•	83,396	7,516	9,782	ī	ı		8 250	7	879,803	91,323	971,126
w	8. TOTAL RESOURCES EXPEN			Staff costs (note 10)	rundraising costs Grants pavable	Conference costs	Grants re-utilised	Administration costs	Other office costs	Depreciation	Audit and accountancy	Trustees' meetings and	expenses	charges	Other		Support costs	

# NOTES TO THE FINANCIAL STATEMENTS (continued)

# FOR THE YEAR ENDED 31 DECEMBER 2014

8.	TOTAL RESOURCES EXPENDED (continued)	
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Total support costs were £402,501 (9.9% of total expenditure) compared to £481,630 in 2013 (14.3% of total expenditure). These costs have been allocated to each activity based on estimated staff numbers as follows:

	numbers as follows.	2014	2013
	Costs of generating funds Services to members, support groups and the general public Communications and Policy Education and Information provision Research	22.7% 32.2% 17.8% 26.5% 0.8%	22.3% 32.3% 21.3% 23.2% 0.9%
9.	NET INCOMING RESOURCES	2014 £	2013 £
	This is stated after charging/crediting: Interest and bank charges payable Depreciation Trustees' reimbursed expenses	43,468 51,541 1,983	38,702 60,060 3,502
	Auditors remuneration: - Audit – charity excluding VAT - Audit – trading company excluding VAT - Other	16,000 2,100 1,450	16,000 2,100 1,450
	Operating lease rentals: - Equipment	5,221	7,801
10.	STAFF COSTS AND NUMBERS	2014 £	2013 £
	Staff costs were as follows: Salaries and wages Social security costs Pension contributions	1,750,423 166,443 130,164	1,656,773 165,319 105,469
	Total staff costs	2,047,030	1,927,561
	The emoluments of higher paid employees fell within the following ranges	2014 No.	2013 No.
	£60,001-£70,000 £80,001-£90,000 £90,001-£100,000	1 1 1 =====	1 1 1 ====
	The average number of employees (full-time equivalent) during the year was:	2014	2013
	Fundraising Services to members and general public Communications and Policy Education and Information Provision Research Support and governance	No.  9 14 9 10 - 8 - 50	No.  8 12 8 9 1 11 49

During the year reimbursed expenses amounting to £1,983 (2013: £3,502) were paid to 12 (2013: 9) Trustees.

# NOTES TO THE FINANCIAL STATEMENTS (continued)

# FOR THE YEAR ENDED 31 DECEMBER 2014

# 11. TANGIBLE FIXED ASSETS

GROUP	Building Improvements	Freehold	Equipment	Total
Cost As at 1 January 2014 Additions Disposals	1,662,609 - -	725,198 - -	310,000 52,478 -	2,697,807 52,478 -
As at 31st December 2014	1,662,609	725,198	362,478	2,750,285
Depreciation As at 1 January 2014 Charge for the year Disposals	198,819 33,252 -	218,461 11,504 -	296,498 6,785 -	713,779 51,541 -
As at 31st December 2014	232,071	229,965	303,284	765,320
Net Book Value				
As at 31 December 2014	1,430,538	495,233	59,194	1,984,965
As at 31 December 2013	1,463,790	506,736	13,501	1,984,028_
CHARITY				
Cost As at 1 January 2014 Additions Disposals As at 31st December 2014	1,662,609 - - - 1,662,609	725,198 - - - 725,197	310,000 52,478 - 362,478	2,697,807 52,478 - 2,750,285
Depreciation As at 1 January 2014 Charge for the year Disposals As at 31st December 2014	198,819 33,252 - - 232,071	218,461 11,504 - 229,965	296,498 6,785 - - 303,243	713,779 51,541 - 765,320
Net Book Value		229,900		100,320
As at 31 December 2014	1,430,538	495,233	59,194	1,984,965
As at 31 December 2013	1,463,790	506,736	13,501	1,984,028

# NOTES TO THE FINANCIAL STATEMENTS (continued)

# FOR THE YEAR ENDED 31 DECEMBER 2014

12. INVESTMENT INCOME (NOT INCL GAINS/LOSSES)							
12. INVESTMENT INCOME (NOT INCE GA	Group 2014 £	Charity 2014 £	Group 2013 £	Charity 2013 £			
Market value at the start of the year Additions at historic cost Disposals Realised gain/(loss) Unrealised gain/(loss)	2,395,426 454,426 (427,185) (1,027) 68,971	2,395,426 454,426 (427,185) (1,027) 68,971	1,799,376 1,011,730 (598,473) 39,800 142,993	1,799,376 1,011,730 (598,473) 39,800 142,993			
Market value at the end of the year	2,490,611	2,490,611	2,395,426	2,395,426			
Capital Account HSBC Global Asset Management Ltd Shareholding in NOS Trading Limited (note 12)	74,588 -	74,588 1	119,002	119,002 1			
Total Investments	2,565,199	2,565,199	2,514,428	2,514,429			
Historic cost at the year end Investments comprise: UK equities Overseas equities UK fixed interest gilts Overseas fixed interest gilts Alternative Investments			2014 £ 2,299,382 1,063,401 454,394 390,912 265,814 316,090 2,490,611	2013 £ 2,283,363 1,134,319 301,885 346,638 285,726 326,858 2,395,426			
Capital Account HSBC Global Asset Manag		74,588	119,002				
Total Investments - Group			2,565,199	<u>2,514,428</u>			
Investments representing over 5% by value of the portfolio							
146,911 Artemis Fund Managers Income Charities Property Fund 196,393 HSBC Asset Mgt Common for Inco 427,070 HSBC Global Asset Mgt Common 10,984 M&G Securities Charifund Schroder Unit Trusts UK Alpha Income Z In		158,268 138,836 - 703,811 - 250,009	254,494 - 223,102 721,748 158,077				

# **NOTES TO THE FINANCIAL STATEMENTS (continued)**

# FOR THE YEAR ENDED 31 DECEMBER 2014

# 13. SUBSIDIARY UNDERTAKINGS

A summary of the results of National Osteoporosis Trading Limited for the year ended 31 December 2014 is shown below:

	2014 £	2013 £
Turnover Cost of sales	461,611 (220,724)	112,820 <u>(633)</u>
Gross profit	240,887	112,187
Administrative expenses	( <u>29,674)</u>	(20,270)
Operating profit Interest receivable	211,213 <u>491</u>	91,917 <u>406</u>
Profit on ordinary activities Gift aid to parent undertaking	211,704 211,704	92,323 <u>92,323</u>
Retained profit carried forward		
The aggregate of the assets, liabilities and funds was:		
Assets Liabilities	317,303 (317,302)	175,376 <u>(175,375)</u>
Funds	1	1

# 14. DEBTORS

	Group	Charity	Group	Charity
	2014	2014	2013	2013
	£	£	£	£
Trade Debtors	74,623	22,328	70,815	10,828
Other Debtors	99,617	64,190	57,105	57,238
Prepayments	66,749	66,749	101,435	65,153
Due from trading sub		230,929	<del>-</del>	<u>108,036</u>
Total	240,989	<u>384,195</u>	229,355	<u>241,255</u>

# NOTES TO THE FINANCIAL STATEMENTS (continued)

# FOR THE YEAR ENDED 31 DECEMBER 2014

15. CASH AT BANK AND IN HAND				
	Group	Charity	Group	Charity
	2014	2014	2013	2013
Head office	2,148,546	1,955,870	681,280	602,877
Support Groups	<u>134,809</u>	<u>134,809</u>	<u>142,109</u>	<u>142,109</u>
Total	2,283,355	<u>2,090,679</u>	823,389	<u>744,986</u>
16. CREDITORS				
	Group	Charity	Group	Charity
	2014	2014	2013	2013
Trade Creditors	191,203	120,225	112,277	112,277
Tax & Social security	60,186	49,858	54,924	44,272
Other creditors	13,982	52,601	12,418	12,418
Accruals	852,099	846,617	704,597	700,047
Deferred income	<u>13,546</u>	<u>12,246</u>	<u>67,152</u>	<u>15,852</u>
Total	<u>1,131,016</u>	<u>1,081,547</u>	<u>951,368</u>	<u>884,866</u>

# NOTES TO THE FINANCIAL STATEMENTS (continued)

# FOR THE YEAR ENDED 31 DECEMBER 2014

17.	MOVEMENT IN FUNDS  Restricted funds	At 1 January 2014 £	Incoming Resources £	Outgoing Resources £	At 31 December 2014 £
	Nurses Appeal Publications Regional Operations - England, Scotland	119,090 5,100	47,911 1,000	(83,832) (2,951)	83,169 3,149
	Wales & Northern Ireland Research Grants FLS Portsmouth FLS Project Website	14,122 164,869 - - -	140,740 72,369 150,000 85,250 20,000	(21,113) (182,522) (150,000) (79,833)	133,749 54,716 - 5,417 20,000
	Total restricted funds	303,181	517,270	(520,251)	300,200
	Unrestricted funds	<del> </del>			
	Designated funds				
	Camerton Building FLS Project 2015 Projects	1,970,527 - -	393,279 964,000	(44,756)	1,925,771 393,279 964,000
	Total designated funds	1,970,527	1,357,279	(44,756)	3,283,050
	General funds	2,726,124	3,115,029	(3,480,910)	2,360,243
	Total unrestricted funds	4,696,651	4,472,308	(3,525,666)	5,643,293
	Total funds	4,999,832	4,950,959	(4,007,297)	5,943,493
	Nurses appeal		elpline for peop	ole living with ar	ormation service and / or caring for
	Publications		mation and a	dvice about life	esteoporosis and estyle, diet and
	Regional Operations – England, Scotland, Wales & Northern Ireland	Monies donated Wales and North			ıland, Scotland,

# NOTES TO THE FINANCIAL STATEMENTS (continued)

# FOR THE YEAR ENDED 31 DECEMBER 2014

# 17. Movement in Funds (continued)

Research grants	Money set aside to fund clinical research grants into osteoporosis.
FLS Portsmouth	Funds received from ICAP restricted to setting up the Fracture Liaison Service in Portsmouth.
FLS Project	Donations restricted to be utilised for Fracture Liaison Services
Designated funds	
Camerton Building	This fund represents the building at Camerton. In the year amounts are transferred to or from the fund so that the balance is always equal to the net book value of the building
FLS Project	General funds received in 2014 have been designated to our FLS Project.
2015 Projects	Further designations were made by the Trustees at year end in order to fund projects commencing in 2015. These include the Digital Development, FLS Implementation, Health Professional Training, Leadership Development and Scoping work for the Charity.

18.	ANALYSIS OF GROUP NET ASSETS BETWEEN FUNDS	Restricted Funds £	Designated Funds £	General Funds £	Total Funds £
	Tangible fixed assets Investments Current assets Current liabilities	300,200	1,925,771 - 1,357,279 -	59,194 2,565,199 866,866 (1,131,016)	1,984,965 2,565,199 2,524,345 (1,131,016)
	Net assets at the end of the year	300,200	3,283,050	2,360,243	5,943,493

# 19. RELATED PARTY TRANSACTIONS

Grants awarded to bodies connected with Trustees are disclosed in note 7. There are no other related party transactions.

#### NOTES TO THE FINANCIAL STATEMENTS (continued)

#### FOR THE YEAR ENDED 31 DECEMBER 2014

#### 20. OPERATING LEASE COMMITMENTS

The charity had annual commitments at the yearend under operating leases expiring as follows:

		Equipment	
		2014 £	2013 £
	2 – 5 years	6,614	5,221
21.	SUPPORT GROUPS	2014 £	2013
	Incoming resources	Z.	£
	Donations	28,383	35,903
	Membership/fundraising events	44,922	50,244
	Other income	58,818	63,598
	Total incoming resources	132,123	149,745
	Resources expended		<u> </u>
	Costs of generating funds:		
	Fundraising and publicity	8,991	6,788
	Charitable expenditure		
	Costs in furtherance of charitable objects	114,358	139,574
	Support costs	16,073	17,742
	Total resources expended	139,422	164,104
	Net outgoing resources	(7,299)	(14,359)
	Funds at the start of the year	142,108	156,467
	Funds at the end of the year	134,809	142,108

In 2014, 75 National Osteoporosis Society Support Groups met across the UK to share information, help raise crucial funds and offer support to people with osteoporosis, their families and carers.

Support Groups follow the 'Support Group Policy' of the National Osteoporosis Society. The objectives of the Groups are the same as those of the National Osteoporosis Society, and they operate under the same charity number and charitable status as the National Osteoporosis Society.

Costs in furtherance of charitable objects includes £18,075 (2013: £41,040) donations made to head office. These amounts are adjusted against head office income on consolidation so that income for the charity as a whole is not overstated.

# **NOTES TO THE FINANCIAL STATEMENTS (continued)**

#### FOR THE YEAR ENDED 31 DECEMBER 2014

# 21. SUPPORT GROUPS (continued)

On consolidation the funds at the end of the year are shown as unrestricted as they cover the charity's core operations and objectives. However, within the Groups there are some restrictions and designations, for example for geographical locations. The breakdown of the restrictions within groups is shown as follows:

	2014 £	2013 £
Restricted funds	19,188	28,162
Designated funds	30,816	23,387
Unrestricted funds	84,805	90,559
Total funds	134,809	142,108

#### 22. CAPITAL COMMITMENTS

At 31 December 2014, there were no commitments for capital expenditure (2013: £Nil).

# 23. SUBSIDIARY UNDERTAKINGS

The National Osteoporosis Society has one, wholly owned, subsidiary company.

The National Osteoporosis Society Trading Company Limited was incorporated on 29 September 2009, trading commenced January 2010. Its principal activity is to organise conferences, arrange sponsorship and sell sundry items to procure profits and gains for the purposes of paying them to the National Osteoporosis Society.