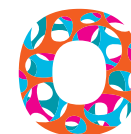
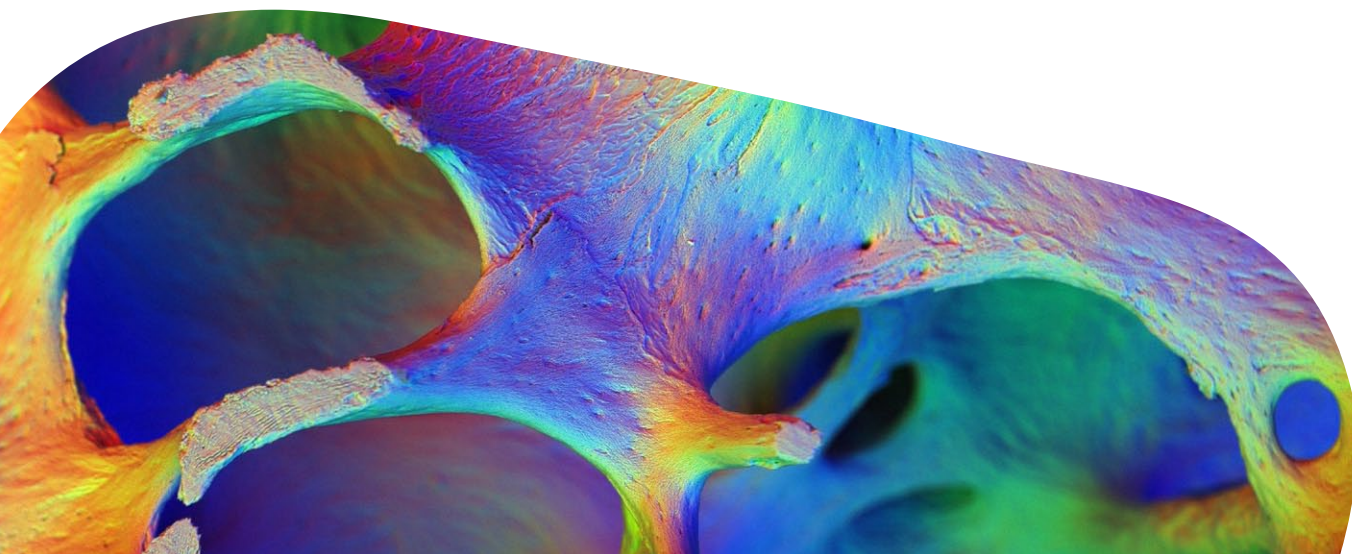


Osteoporosis &
Bone Research
Academy

Aspiring Leaders Programme

Creating the next generation of osteoporosis leaders



Royal
Osteoporosis
Society

Better bone health for everybody



Faculty of
**Medical Leadership
and Management**

Medics and academics cannot be solo experts in an increasingly complex and changing world.

They must know themselves, and their impact on others and demonstrate the energy and drive needed to inspire others to improve outcomes.

Never is this more prevalent than in the world of osteoporosis, where the journey towards a cure has only just begun and new research is finally driving a reduction in the prevalence of fragility fractures.

Identifying future leaders

Following a successful pilot last year, the Royal Osteoporosis Society is again running its Aspiring Leaders Programme, to equip twelve outstanding academics and clinicians with leadership skills.

Free to attend and delivered by the Faculty of Medical Leadership and Management (FMLM), the course is delivered as five two-day modules and successful participants will be awarded a Fellowship of the FMLM.

“Only by nurturing the best and brightest minds in osteoporosis can we create a pipeline of leaders capable of finding a cure.”

**Francesca Thompson, Director,
Osteoporosis and Bone Research Academy**

Programme overview

2-3 Sep: Module 1: Personal effectiveness

We explore what leadership means and how it can create better outcomes. Exploring techniques for holding challenging conversations and improving effectiveness through influencing and negotiating.

29-30 Oct: Module 2: Leading through complexity

Using leadership development profiling, we look at how sense-making influences actions and how to apply this learning to lead individuals, teams and organisations through complex problems.

9-10 Dec: Module 3: High performance team working

After considering evidence linking leadership and teamworking with outcomes, we look at team dynamics, the art of listening and how to build high-performance teams that have an impact.

9-10 Feb: Module 4: Lifting the lid on Westminster

We visit the Houses of Commons and Lords, meeting with senior civil servants and Members of Parliament to develop political astuteness and an understanding of policy influencing the field of osteoporosis.

7-8 Apr: Module 5: Reflections and celebrations

Through presenting project work back to the Royal Osteoporosis Society, we consider what has been learned and reflect on the personal, leadership and career goals we want to focus on going forward.

Free Leadership Development

The Aspiring Leaders Programme is free for successful candidates to attend. All course and accommodation costs, worth over £6,500, are included but participants are required to pay for their own travel expenses.

Practical exercises will be used to explore how to lead others to raise the profile of osteoporosis.

With clinical outcomes influenced in no small part by leadership and teamwork, a key aim of the course is to educate participants about how improving their effectiveness as a leader can help to improve research and patient outcomes.

Another important focus will be strengthening bonds with the Royal Osteoporosis Society and its Osteoporosis and Bone Research Academy, to help progress the charity's four strategic objectives: prevention, care, support and cure.

“I got so much more from the programme than new leadership skills. It gave me access to an amazing network and more confidence in securing new funding.”

Zoe Paskins, Senior Lecturer and Honorary Consultant in Rheumatology, Keele University

Evaluation

FMLM will undertake evaluation throughout the programme, using Fitzpatrick's model:

- **Reaction:** Capturing the immediate response and reactions of participants
- **Learning:** Learning through reflective discussion at the beginning and end of modules
- **Behaviour:** Impact on work undertaken and evidence of new approach and behaviours
- **Results:** Identification and reporting on measurable outcomes and impacts



Selection criteria

Prospective candidates need to be nominated by a **senior** clinician or academic working in the field of osteoporosis and complete an application form detailing why they should be considered.

Applications will then be assessed by the Osteoporosis and Bone Research Academy according to the following criteria:

- Passion for making a difference
- Chosen field of osteoporosis
- High achiever
- Leading change
- Patient focused



To obtain an application form, please email aspiringleaders@theros.org.uk

Application timeline

01 March 2020 – application forms made available

29 May 2020 – final deadline for applications

17 July 2020 – successful candidates informed



Course Location:

De Morgan House,
57-58 Russell Square,
London WC1B 4HS

Accommodation:

Club Quarters Hotel,
Lincoln's Inn Fields,
London WC2A 3JQ



Contact us

-  theros.org.uk/aspiringleaders
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President: HRH The Duchess of Cornwall.

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